

San Giovanni al Natisone, 13th March 2020

I have recently received something beautiful written
about the work I am doing with the constellations:

THE THESIS
"LE COSTELLAZIONI FAMILIARI"
(FAMILY CONSTELLATIONS)

of ILENIA PAPPALARDO

whom I thank for her lovely explanation of what we are trying to do and we will do.

A heartfelt thanks also to her supervisor,
Ch.mo Prof. ADRIANO SCHIMMENTI,
docente of the Degree Course in Clinical Psychology (Academic Year 2018-2019)
of the Faculty of Human and Social Science
of the University of Enna "Kore".

This is the ABSTRACT in English

In this elaboration considerable attention was initially given to the development of psychoanalytic intergenerational therapies. In particular, reference was made to the pioneers of family therapy at the Palo Alto school, such as Murray Bowen, Nathan Ackermann, Salvador Minuchin, Virginia Satir and Jakob Moreno. Subsequently the importance of understanding the method of the family constellations, the role of the therapist and its theoretical contributions is emphasized. This method has been devised by Bert Hellinger, following a psychoanalytical training and long experience. Hellinger proposes that the use of this technique can bring out different aspects and important events from the family of origin and the current one through the setting up of representatives. Detailed studies have been carried out in the field of psychogenealogy, with particular emphasis on the contribution of Anne Schützenberger. So the technique of the family constellations was used in relation to symptoms and diseases, highlighting the clinical experience of Ilse Kutschera. The work continued considering the use of family constellations as a teaching tool in the school context and the relative cases of family representation with pupils. The contributions of Siegfried Essen regarding self-poetic representations of the I and the Self were highlighted. Finally the valuable contribution of Silvia Miclavez, author and interpreter of Bert Hellinger. Silvia Miclavez has created the opportunity to make known this innovative method also in Italy.